



RPCI

GREYSTONE

Bereavement Centre

Serving the people of Saskatchewan



January 2016

Missing Persons: Did you know?

As of November 27, 2015, the Saskatchewan Association of Chiefs of Police website lists 121 long-term missing person's cases in Saskatchewan and these date from 1940 to present. Long-term missing person cases generally refer to cases where the person has been missing for 6 months or longer. These persons are most often adults, and the majority are men who account for 90 of the 121 long-term missing persons. Aboriginal people are disproportionately represented in comparison to their percentage within the population.

There are many ways and reasons why a person goes missing. Sometimes children or youth deliberately run away; These children are at serious risk of physical or sexual abuse, or involvement in gangs or crime when they are on the run. Some people choose to go missing to escape financial or relationship difficulties and start a new life. Often, people go missing under unintentional circumstances such as when their car breaks down on a winter road and they go looking for help, or when they go missing swimming or boating, or hiking or rock climbing. Sometimes people suffering from Alzheimer's or dementia will wander and go missing.



People also go missing as a result of foul play or violence. Children may be abducted, and people can go missing as a result of homicide.

For each long-term missing person's case it is estimated there is between 12 and 20 people that grieve the disappearance of that individual. These people suffer physical and emotional stress and will often spend thousands of dollars searching for their loved one, which places themselves in financial distress as well.

The Greystone Bereavement Centre offers one-to-one counselling services as well as group support services to families and friends of missing persons to help them navigate this very difficult journey. For more information on our counselling services and group support contact us today.

Family and Friends Gather for Randy Hubick Memorial Golf Tournament



The Hubick Family

The Hubick family brings together family and friends every June to participate in the Randy Hubick Memorial Golf Tournament.

Since 2013 the Hubick family has organized a golf tournament to remember Randy and to give back to palliative care.

“Our dad and our family received excellent care on the palliative care program” says the Hubick family. “This tournament is a way we can say thank you and give back to help other terminally ill patients and their families.”

This annual event has raised over \$19,000 for equipment and furnishing needs requested by the Palliative Care Unit at the Pasqua Hospital.

“There have been so many times, too many to count, in my daily practice, that I am so grateful to RPCI and their generosity to our program over the years. The volume and intensity of the clients we look after in the community has grown dramatically. Without RPCI’s support, specifically to our equipment loan program, it would be impossible to look after and assist all of these very special clients and their families.

Lori Dahlgren, Occupational Therapist, Palliative Care Program

SPRING PROGRAMMING

The spring 2016 adult grief support groups begin in February 2016. Contact us for the current programs and services guide or visit our website at www.rpci.org

Thanks to the generous support of the Co-operators there will be no charge for support groups and webinars in 2016.



IMPORTANT DATES

Evening In Greece Gala
March 5th

Caring Hearts Camp
May 6th – May 8th

Caring for Self
While Caring For Others
Webinar
February 15
February 18

Treating Grief As A
Mental Disorder
Webinar
March 21st
March 24th

We Are All Winners – Kiss the Canvas A Huge Success



Sixteen boxers along with coaches and referees dedicated 12 weeks of vigorous training and their own fundraising efforts to present Kiss the Canvas, an annual event that supports Regina Palliative Care Inc.

The Lonsdale Boxing Club is a great supporter of RPCI and showed their dedication by hosting the November 19th event for a third time. Each boxer came with their all and took turns in the ring in front of more than 300 family members, friends and colleagues.

The event was a wonderful success and raised more than \$106,000 to go towards the purchase of much needed palliative care equipment and grief and bereavement programs at the Greystone Bereavement Centre.

Special thanks goes to this year's boxers, the Lonsdale Boxing Club, our sponsors and all those who made this year's event such a huge success.

Evening In Greece Raises Funds for Palliative Care and Bereavement Care



Please join us on Saturday, March 5, at the Delta Regina for the 2016 An Evening in Greece Gala.

St. Paul's Greek Orthodox Community has hosted this event for 22 years and raised over \$1,900,000 for local community charities, like RPCI.

Proceeds donated to RPCI have allowed us to support the Regina Qu'Appelle Health Region's Palliative Care Unit through the purchase of specialized equipment, education and individual grief counselling, grief support groups and the Caring Hearts Camp for grieving children and teens delivered by the Greystone Bereavement Centre.

To be part of this fun evening and contribute to palliative and bereavement care in your community, please contact Sandra at 306-523-2785 to purchase your tickets. We hope to see you there!

